



OSH

OSH Qualifications Board UK

**OSH Qualifications Board
UK Level 2 International
Award in Emergency First
Aid at Work**





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Introduction

This document has been meticulously crafted to provide comprehensive information necessary for delivering the Level 2 International Award in Emergency First Aid at Work at your institution. If you require further clarification or have any inquiries, please feel free to reach out to your Qualification Manager.



Qualification Details:

The Level 2 International Award in Emergency First Aid at Work is a credential designed for individuals who may need to provide first aid and use an Automated External Defibrillator (AED) in emergency situations. This qualification is suitable for a range of people across various sectors and can be relevant for both work and non-work settings. The specific target audience may include workplace first aiders, healthcare professionals, public service personnel, teachers and school staff, community volunteers, fitness instructors and general public.

Key Facts:

- Recommended Duration: 16 hours (2 day)
- Assessment Method: Multiple-choice examination and Practical demonstration

Qualification Overview and Objective

This qualification is designed to equip individuals with the knowledge and skills necessary to act as a qualified first aider in the workplace. This internationally recognized qualification focuses on providing immediate and effective first aid in various work-related scenarios. This qualification is often suitable for a wide range of individuals across various sectors, including workplaces, healthcare, education, and community settings. The primary objective of this qualification is to enable participants to recognize and respond to life-threatening emergencies by providing basic first aid and effectively using an Automated External Defibrillator (AED). Furthermore, the qualification aims to prepare learners for subsequent higher-level training.

Important Note

OSH Qualifications Board UK strongly recommends that prospective qualification providers establish communication with the pertinent Government Department in their target country to ensure compliance with local laws and regulations. There might be additional requirements for approval, including the necessity of registering as a training provider within the host country. While OSH Qualifications Board UK maintains its own stringent standards for center approval, it does not represent or advocate for other organizations or government departments.

Entry Requirements

Educational centers are entrusted with the responsibility of verifying that learners meet the requisite language proficiency level for the course.



Qualification Structure

To achieve this qualification, learners must fulfill the defined learning outcomes.

Delivery and Assessment Ratios

For the effective delivery and assessment of this qualification, it is advisable that educational centers adhere to a ratio of one qualified tutor/assessor for a maximum of 15 learners in any given instance.

Guidance on Delivery

The recommended delivery period for this qualification is two full days or four half days. However, this delivery schedule can be adjusted as per the needs of the learners or local circumstances.

Guidance on Assessment

Assessment for this qualification is conducted through a multiple-choice question examination and practical demonstration. This assessment method serves as the concluding examination for the course and must adhere to the OSH Qualifications Board UK Security and Invigilation Guidelines. During the examination, learners are presented with a set of examination questions and are required to select one of the prescribed options for each. This examination consists of 50 questions to be completed within a 100-minute time frame. Successful learners must achieve a minimum pass mark of (60%) correct answers and those who score (80%) or above correct answers will be conferred with a distinction.

Centre Requirements

To efficiently deliver this qualification, educational centers should possess the following resources:

- A classroom with appropriate seating and desks
- A projector or similar equipment, especially if employing PowerPoint presentation slides.
- 1 resuscitation manikin for up to 4 learners
- Safety measures implemented for manikin faces (e.g., facilities for sterilizing the manikin faces after each course, providing one disposable face shield per learner, or utilizing manikin face wipes following each learner's demonstration)
- Replacement airways and lungs for resuscitation manikins, to be changed at the conclusion of each course.
- At least 1 training defibrillator for a maximum of 4 learners
- A minimum of 1 pair of non-latex disposable gloves per learner

- Training rooms equipped with carpeted floors or provided with mats/blankets for practical sessions.
- Safe training rooms with adequate ventilation, sufficient lighting for easy reading, and a comfortable temperature for both knowledge and practical training and assessment.
- Additionally, training rooms should be accessible and accommodating for individuals with special needs, as per the OSH Qualifications Board UK Reasonable Adjustment Policy.



Geographical Coverage

This qualification has been tailored for learners situated outside the United Kingdom.

Tutor Requirements

OSH Qualifications Board UK mandates that designated tutors hold a recognized first aid qualification from a recognized awarding body, accompanied by a teaching qualification.

Suitable Subject Area Qualifications may include, as a minimum:

- OSH Qualifications UK Level 3 International Award in Emergency First Aid at Work
- OSH Qualifications UK Level 3 International Award in First Aid and Use of AED with CPR at Work
- OSH Qualifications UK Level 3 Award in Emergency First Aid for Sports

Suitable Teaching Qualifications may include, as a minimum:

- OSH Qualifications Board UK Level 3 International Award in Delivering Training
- OSH Qualifications Board UK Level 3 or 4 Award in Education and Training
- Diploma or Certificate in Education
- Bachelors or Master's Degree in Education
- Level 3 or 4 NVQ in training and/or development
- Proof of at least 30 hours of training in any subject and
- Any other qualification and/or experience deemed appropriate by OSH Qualifications Board UK Registered tutors are expected to keep up-to-date with developments in this subject through continuous professional development.

ID Requirements

Before the course/assessment starts, learners must be told to bring photo ID, which the invigilator will check. The educational center must establish procedures to confirm the identity of learners before allowing them to take the assessment. OSH Qualifications Board UK accepts different forms of ID as proof of identity.

- National identity cards
- Valid passports (of any nationality),
- Signed photo card driving licenses,
- Valid warrant cards issued by the police, local authorities or equivalent, or other photographic id cards such as employee id cards (provided they are current),
- Student id cards, or travel cards.



Progression

Progression and further learning routes include:

- OSH Qualifications UK Level 3 International Award in Emergency First Aid at Work
- OSH Qualifications UK Level 3 International Award in First Aid and Use of AED with CPR at Work
- OSH Qualifications UK Level 3 Award in Emergency First Aid for Sport
- OSH Qualifications UK Level 3 International Award in Emergency First Aid and Use of AED with CPR for all Ages

OSH Qualifications Board UK offers a range of qualifications to help learners progress their careers and personal development. Please contact your Qualification Manager for further information.

Useful websites

- www.hse.gov.uk
- www.resus.org
- www.redcross.org.uk

Course Content:



Learning Outcomes and Assessment Criteria:

Learning Outcomes	Assessment Criteria
The learner will:	The learner can:
The learner will understand the principles of basic first aid	<ol style="list-style-type: none">1. Identify the role and responsibilities of a first aider2. Identify how to minimize the risk of infection to self and others3. Identify the need for consent to provide first aid
The learner will know how to assess and manage an incident	<ol style="list-style-type: none">1. Conduct a scene survey2. Conduct a primary survey of a casualty3. Summon appropriate assistance when necessary
The learner will know how to provide first aid to an unresponsive casualty	<ol style="list-style-type: none">1. Identify when to administer Cardiopulmonary Resuscitation (CPR)2. Demonstrate adult CPR using a manikin3. Identify when to place a casualty into the recovery position4. Demonstrate how to place a casualty into the recovery position5. Demonstrate continual monitoring of breathing whilst the casualty is in the recovery position6. Identify how to administer first aid to a casualty who is experiencing a seizure
The learner will know how to provide first aid to a casualty who is choking	<ol style="list-style-type: none">1. Identify when a casualty is choking2. Demonstrate how to administer first aid to a casualty who is choking
The learner will know how to provide first aid to a casualty who is wounded or bleeding	<ol style="list-style-type: none">1. Identify how to administer first aid to a casualty with:<ol style="list-style-type: none">a. Small cutsb. Grazesc. Bruisesd. Small splinterse. Nosebleeds2. Identify how to administer first aid to a casualty with minor burns and scalds.3. Identify whether external bleeding is life-threatening4. Demonstrate how to administer first aid to a casualty with external bleeding5. Recognize when a casualty is suffering from shock6. Identify how to administer first aid to a casualty who is suffering from shock

These assessment criteria should be used to evaluate learners' understanding and knowledge of health and safety practices in the workplace.

Course Content:



1. Roles and responsibilities of a first aider
2. Identifying the need to gain consent
3. Conducting a scene survey
4. Summoning appropriate assistance
5. Identifying when to administer CPR
6. CPR and AED use
7. Recovery position
8. Monitoring airway and breathing
9. Administering first aid to a casualty having a generalized seizure
10. Choking
11. Administering first aid for small cuts and grazes
12. Administering first aid for minor burns and scalds
13. Arterial and Venous bleeding
14. Administering first aid for external bleeding
15. Catastrophic bleeding
16. Shock

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**THANK
YOU**

Contact US



+447467068223



info@oshqb.com



www.oshqb.com

**Registered office address
107 Kensington Drive, Great Holm, Milton
Keynes, England, MK 9BP**